

COUPLES THAI MASSAGE

*A Powerful Ancient Way to Enhance
Relationships and Enliven the Heart!*

Thai Massage is a cherished ancient and sacred healing art that engages the senses in a beautiful connection within self and as partners. In our busy Western lifestyles, it is rare we experience inspired communication between couples that dwells between verbal and sexual expression. Yet we often desire to just relax into each other's healing touch and quiet presence. In this way, Couples Thai Massage offers deep releases of physical and mental tension, elicits emotional responsiveness and deeper levels of untapped awareness, intimacy and bliss with our partners. Explore energy awareness, Vastu or creating sacred space and the techniques needed to share a 30 minute massage.

*2 Sequential Workshops
Saturday, July 18 & Saturday, August 22
1 to 4 p.m.*

Each session is \$108 per couple. Workshops will be held at
JWELED LOTUS YOGA, 104 S. 2nd St., Leesburg.

To register, call (352) 874-3272 or
visit www.jweledlotusyoga.com.

Performed on a mat wearing loose comfortable clothing.
Bring a double size foam pad or futon mat,
sheet, along with your open heart!

Classes Facilitated by Shinah B'nai,
RYT, LMT. A registered graduate
of the Vedic Conservatory.

Relaxing • Intimate • Sensual • Tranquil • Transcendent